

Institute of Alzheimer's **Education** 







# Certified Dementia Care Planner (CDCP) Course

(23<sup>rd</sup> series)

Offered by Institute of Alzheimer's Education of Hong Kong Alzheimer's Disease Association Co-developed with the Alzheimer's Disease International and in collaboration with Sau Po Centre on Ageing, The University of Hong Kong

Course Overview CDCP Course is an intensive course which encompasses theories and practical experience in dementia care. The 80-hours course involves lecture, class practice, case discussion, practical session and continuous assessment. Students will be equipped as Certified Dementia Care Planner and perform care planning to people living with dementia and their caregivers in multi-disciplinary approach.

The course is suitable to colleagues with 1-2 years of working experience specifically in Dementia Care.

Module 1	Essentials for Understanding Dementia
Module 2	Assessments for Dementia
Module 3	Advanced understanding in common Non-pharmacological Interventions
Module 4	Interventions for Dementia Informal Caregivers and Advance Care Planning

#### Upon completion of the course, students will be equipped as a Certified Dementia Care Planner and able to:

- Understand the pathology, symptoms and characteristics, classifications of Dementia and updated intervention approaches
- Coordinating supports for people with dementia and their families with different caring teams in community, residential and/or hospital services
- Be competent in assessment, care planning and case management process for Dementia
- Render support and advice to family caregivers along the caregiving journey
- Support and guide people with dementia and their families through the Advance Care Planning process

CPD-PT: Pending



The course offers flexibility for participants to take full course or by module.

<b>Full Course</b> (4 Modules + Practical sessions)	Per Module			
HK\$8,500	Module 1	Module 2	Module 3	Module 4
πκρο,συυ	HK\$2,400	HK\$2,200	HK\$3,600	HK\$2,200

**Enquiries** 

**HKADA** - Institute of Alzheimer's Education Phone: 2815 8400 Email: iae@hkada.org.hk

CNE: 80pts

**Application Deadline** 

CPD-OT: Pending

#### **Entry Requirement**

- Professionals in Medical/ Healthcare/ Social Services Field AND with at least two years of experience working in Elderly/ Dementia services.
- Admission is subject to the final decision of the Institute.

#### **Certificate Awarded**

Participants can complete the Full Course in 6 months or within one year, according to their time management.

	Certified Dementia Care Planner	Certificate of Completion of the Module(s)		
Study mode	Full Course within one year (4 Modules + Practical Sessions, counts from the 1 <sup>st</sup> date of the 1 <sup>st</sup> module taken)	By Module(s)		
	1. At least 80% attendance (exceeding lateness of 45 mins will be considered as absent); AND			
Requirement	<ol> <li>Attendance of ALL examinations AND</li> <li>Achieve at least 70% of the overall full mark in examinations; AND</li> <li>Attendance of ALL practical sessions</li> </ol>	<ol> <li>Attendance of module examination(s); AND</li> <li>Achieve at least 70% of the full mark in the examination(s) of the related module; AND</li> <li>Attendance of related practical session(s).</li> </ol>		

### **Venue for Practical Sessions**

Rm 104-5, YMCA of Hong Kong Beacon Centre – Lifelong Learning Institute, 373 Po On Road, Kowloon (Shun Ning Road Entrance)

Students are required to comply with the Vaccine Pass requirements in order to enter the venue (if any).



## **Application and Deadline**

After complete the online application form, please post a crossed cheque payable to "Hong Kong Alzheimer's Disease Association" to the following address before the application deadline.

Please write your full name, contact number on the back of your cheque and indicate "CDCP course application" on the envelope.

HKADA - Institute of Alzhiemer's Education, G/F, Wang Yip House, Wang Tau Hom Estate, Kowloon.

Once your admission to the course is confirmed, all fees will be non-refundable. For unsuccessful application(s), cheque will be returned to applicant(s) by post.





**Student Feedback** 

(from students of 22<sup>nd</sup> series CDCP)

100% agreed their learning goals were achieved

100%

agreed they can apply what they have learnt 100%

will recommend the course to their colleague/friends 100%

agreed they are ready to serve people living with dementia and their families

# **Course Schedule**

For Video Lecture, students have one week to watch the Lecture Video after the video release.

Students have to attend the Practical Sessions in person. Broadcasts are not supported.

# Video Lecture Onsite Practical Session

Module 1 Essentials for Understanding Dementia	
M101 · Overview of dementia and role of Certified Dementia Care Planner (CDCP)	9 Feb 2023 (Thur)
M102 · In-depth understanding of Dementia	16 Feb 2023 (Thur)
M103 · In-depth understanding of Atypical Dementia	23 Feb 2023 (Thur)
M104 · Psychiatric aspect of Dementia	2 Mar 2023 (Thur)
M105 · Overview of Dementia Management and updates on Pharmacological Interventions	9 Mar 2023 (Thur)
P01 · (Practical Session) Transfer knowledge to practical advices to Caregiver	16 Mar 2023 (Thur) 6:30pm-9:00pm
Online Examination	21 Mar 2023 (Tue) 7:00pm-9:00pm

Module 2 Assessments for Dementia			
M201 · Cognitive Assessment for Dementia: Uses and administration of different tools	23 Mar 2023 (Thur)		
M202 • Functional and Psycho-behavioral Assessment for Dementia:	30 Mar 2023 (Thur)		
Uses and administration of different tools			
M203 · Transferring assessment results to daily performance of People Living with Dementia	6 Apr 2023 (Thur)		
• (Practical Session) Practice on consolidating different assessment result and clinical investigation in diagnostic process	13 Apr 2023 (Thur)	6:30pm-9:00pm	
P03 • (Practical Session) Practice on consolidating and transferring different assessment result to	20 Apr 2023 (Thur)	6:30pm-9:00pm	
care and support to People Living with Dementia			
Online Examination	25 Apr 2023 (Tue)	7:00pm-9:00pm	

Module 3 Advanced understanding in common Non-pharmacological Interview	erventions
M301 · Modern concept in Cognitive Stimulations and Dementia	27 Apr 2023 (Thur
M302 · Common Non-pharmacological Interventions (1)	4 May 2023 (Thur)
M303 · Common Non-pharmacological Interventions (2)	11 May 2023 (Thur)
P04 · (Practical Session) Non-pharmacological Interventions for	18 May 2023 (Thur
Behavioural and Psychological Symptoms of Dementia (BPSD)	
M304 · Care and interventions for moderate to late stage Dementia	25 May 2023 (Thur
M305 · Nursing care for People Living with Dementia	1 Jun 2023 (Thur
M306 • End-of-life care for People Living with Dementia	8 Jun 2023 (Thur)
P05 · (Practical Session) Applications of interventions and caring strategies	15 Jun 2023 (Thur
Online Examination	20 Jun 2023 (Tue)

Module 4 Interventions for Dementia Informal Caregivers and Advance Care Pla	nning	
M401 · Needs of informal caregivers of People Living with Dementia along the caring journey	22 Jun 2023 (Thur)	
M402 · Interventions for informal caregivers of People Living with Dementia	29 Jun 2023 (Thur)	
• (Practical Session) Assessments for informal caregivers of People Living with Dementia	6 Jul 2023 (Thur)	6:30pm-9:00pm
M403 · Advance Planning in Financial Management in Dementia care	13 Jul 2023 (Thur)	
M404 · Understanding of Guardianship	20 Jul 2023 (Thur)	
M405 • Preparing family to Advance Care Planning for People Living with Dementia	27 Jul 2023 (Thur)	
Online Examination	1 Aug 2023 (Tue)	7:00pm-9:00pm

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Practical	Sessions (for full course student ONLY)		
P07 ·	(Practical Session) Practice in formulating Individual Care Plan for Dementia (1)	3 Aug 2023 (Thur)	6:30pm-9:00pm
P08 ·	(Practical Session) Practice in formulating Individual Care Plan for Dementia (2)	8 Aug 2023 (Tue)	6:30pm-9:00pm
P09 ·	(Practical Session) Practice in formulating Individual Care Plan for Dementia (3)	10 Aug 2023 (Thur)	6:30pm-9:00pm

#### Teaching team

Multi-disciplinary professionals experienced in Dementia care service, such as experienced specialist medical practitioners (eg. Specialist in Psychiatry/ Specialist in Internal Medicine/ Physician), Social Worker, Lawyer, Occupational Therapist, Nurse, etc.

#### Mode of teaching

Lectures are conducted in Cantonese supplemented by English. Examination papers are in English with multiple choices and short questions. Depending on the latest pandemic situation or other unpredictable circumstances, the mode of course delivery might change to online class.